

The way a glove fits is a crucial factor in the dexterity of the working hand. Please use the diagram below to identify your glove size.

If the glove is too small, it cuts off the blood circulation and restricts the movement of the hand.

On the contrary, too big gloves slip off at the slightest movement and make your handling very imprecise.

EN420 GLOVE SIZE	HAND (MM)		GLOVE(MM)
	Palm circumference	Length	Minimum Length
6	152	160	220
7	178	170	230
8	203	182	240
9	229	192	250
10	254	204	260
11	279	215	270

1. MEASURE YOUR HAND USING THE DIAGRAM BELOW TO FIND YOUR EN420 GLOVE SIZE
2. USE YOUR EN420 SIZE (OR AS CLOSE AS POSSIBLE) TO FIND THE BEST SHOWA GLOVE SIZE FOR YOU.

YOUR MEASURED EN420 SIZE	YOUR SHOWA GLOVE SIZE
6-7	S
7-8	M
8-9	L
9-10	XL
10-11	XXL

